

## BREAKFAST SHOWS (WEEKDAYS) NATIONAL STATIONS

STATIONS	SURVEY PERIOD	WEEKLY REACH	WEEKLY REACH	WEEKLY REACH
		'000s	'000s	'000s
		Q2 2022	Q1 2023	Q2 2023
<i>Time period varies per station</i>				
<b>NATIONAL STATIONS - MON-FRI</b>				
BBC Radio 1 - 07.00 - 10.30am	Q	4135	4047	3962
BBC Radio 2 - 06.30 - 09.30am	Q	7274	7258	6725
BBC Radio 3 - 06.30 - 09.00am	Q	696	620	622
BBC Radio 4 - 06.00 - 09.00am	Q	6452	5764	5498
BBC Radio 5 live - 06.00 - 09.00am	Q	1530	1415	1388
Absolute Radio Network - 06.00 - 10.00am	H	2174	2155	2275
Capital Network (UK)* - 06.00 - 10.00am	H			2510
Classic FM - 06.00 - 09.00am	Q	1691	1537	1505
GB News Radio - 06.00 - 09.30am	Q	115	177	133
Greatest Hits Radio** - 06.00 - 10.00am	H			2338
Heart Network (UK)* - 06.30 - 10.00am	H			3839
Hits Radio - 06.00 - 10.00am	H	413	501	551
KISS - 07.00 - 11.00am	Q	1049	994	1003
Magic - 06.00 - 10.00am	Q	1006	1017	1097
Planet Rock - 06.00 - 10.00am	Q	543	577	560
TalkRadio - 06.30 - 10.00am	H	301	334	306
talkSPORT - 06.00 - 10.00am	H	1017	1207	1311
Times Radio - 06.00 - 10.00am	H	245	238	284
Virgin Radio Network - 06.30 - 10.00am	H	869	901	863
Radio X Network (UK) - 06.30 - 10.00am	H	1084	1056	1117

## BREAKFAST SHOWS (WEEKDAYS) LONDON STATIONS

*Please note: the table below does not list national radio stations which are listened to in the London area*

STATIONS	SURVEY PERIOD	WEEKLY REACH	WEEKLY REACH	WEEKLY REACH
		'000s	'000s	'000s
		Q2 2022	Q1 2023	Q2 2023
<i>Time period varies per station</i>				
<b>LONDON STATIONS - MON-FRI</b>				
BBC Radio London - 07.00 - 10.00am	Q	171	178	164
Capital London - 06.00 - 10.00am	Q	528	626	675
Capital XTRA (London) - 06.30 - 10.00am	Q	154	227	205
Gold London - 06.00 - 10.00am	Q	157	178	132
Greatest Hits Radio (London) - 06.00 - 10.00am	Q	283	352	404
Heart London - 06.30 - 10.00am	Q	659	733	670
KISS (London) - 07.00 - 11.00am	Q	380	327	382
LBC London - 07.00 - 10.00am	Q	822	820	798
LBC News (London) - 07.00 - 10.00am	Q	178	181	162
Magic (London) - 06.00 - 10.00am	Q	514	505	595
Premier Christian Radio - 07.00 - 09.00am	Q	16	29	21
Smooth Radio London - 06.00 - 10.00am	Q	259	289	310
Radio X London - 06.30 - 10.00am	Q	258	241	236